

# Philosophy

We welcome you to the world of Imalia spa. Imalia spa was named after the beautiful Rhodian Nymph Imalia who, according to Greek mythology was loved by and united with God Zeus when he took the shape of rain.

Nymphs in mythology were beautiful young female deities who lived in nature and ate ambrosia. They were singing and dancing especially close to springs which were their figurative representation. They are related to beauty, carefreeness and charm.

Nymph Imalia represents everything we would like you to feel during your visit in our spa, as well as after it.

In our sacramental space you will release the tension and balance your mind and spirit.

In a world where experience and emotion are harmoniously combined with effectiveness, we chose to offer you high level services of relaxation and beauty with the use of specialized plant-based products from the top cosmetics collection of APIVITA.

All our treatments are performed with natural products for face and body. Our formulas combine the power of Greek nature with key ingredients derived from high value bee products and medicinal plants, enhanced by cutting edge "green" cosmetology.

## Apivita products

Use the proven protecting, healing and rejuvenating properties of pure bee products. Promote the infinite resilience of the unique Greek biodiversity. Master the art of traceable, sustainable, and clean active formulas. Offer effective, natural beauty products to the world.

Choose among treatments for face, body and relaxing massages and offer yourself a unique gift that will take you to the unique world of beauty and set your body free.



# Face treatments

## Mediterranean skin food **Duration 30'/35€** **50'/60€**

A treatment based on the nutritional and antioxidant ingredients of the Mediterranean diet. It refreshes, glows up and hydrates the skin. This treatment is ideal for all skin types, both for men and women.

## The propolis treatment **Duration 50'/65€**

With its main ingredients being propolis and green clay, this treatment offers deep, natural cleansing. It has a detox action, it regulates oiliness, and offers radiance, freshness and a matte effect to the skin. Ideal for oily, mixed skin types for men and women.

## Aqua beelicious **Duration 50'/60€**

Cooling and hydrating treatment with flower extracts and honey. It supplies skin with rich hydrating ingredients, strong antioxidants and probiotics that reinforce the health and freshness of the skin. It reduces skin imperfections and irritations. Ideal for all skin types, for men and women.

## Wine Elixir **Duration 50'/70€**

With polyphenols from Santorini vine leaves, this anti-ageing treatment reactivates skin youth. Combined with the anti-ageing and firmness massage, the skin becomes firmer and the contour chiseled thanks to its lifting effect. Ideal for all skin types, for men and women.

## The Gentlemen's **Duration 50'/65€**

Specialized treatment for men with cardamom and cedar wood. A combination of revitalizing face treatment and back massage that offers relaxation and wellness. Ideal for all men skin types.

# Body treatments

## The scrub collection **Duration 30'/40€**

Body scrub with natural products for direct revitalization, skin detox and boost of a perfect suntan.

- Pure jasmine exfoliating treatment
- Royal Honey exfoliating treatment with sea salts
- Herbal sea salts with lavender

## Cooling Treatment **Duration 60'/60€**

A treatment combining deep hydration and skin regeneration with a mud mask for body and a soothing face treatment with aloe. The treatment is completed with a relaxing body massage. Ideal for dry, sensitive and dehydrated skin. Ideal as an after-sun treatment.

## Royal Honey **Duration 60'/60€**

A luxurious anti-ageing treatment with honey and fresh royal jelly, which is known to be the youth elixir. It refreshes and nourishes even the most demanding skin type.

## Aegean Wind **Duration 80'/85€**

With sea salt and lavender for natural exfoliation and a mud mask for deep hydration, this treatment is completed with a relaxing hot stone massage, offering absolute relaxation and energy balance.

# Massage

## Express massage **Duration 30'/40€**

Even a few minutes of a massage are enough to provide immediate relaxation to the whole body and mind.

- Back and neck
- Head and shoulders
- Foot

## Foot ritual **Duration 45'/50€**

A ritual with exfoliation, reflexology massage and toning essential oils that absolutely tones the feet as well as the entire body.

## Aromatherapy **Duration 60'/75€** **80'/100€**

Rejuvenating and relaxation massage that uses APIVITA's deep knowledge in aromatherapy. Select unique combinations of essential oils that have beneficial effects on both skin and mood.

## Hot stone massage **Duration 60'/80€** **80'/120€**

A magnificent combination of hot volcanic stone massage and herbal oils enriched with essential oils. The special movements and pressures applied with hot stones relax the muscles, while the massage and use of oil hydrate and nourish the skin deeply.

## Signature Imalia **Duration 75' / 90€**

With hot coconut oil all over the body, that nourishes your skin. It is combined with a relaxing massage with stretching and pressure movements.

## The classic **Duration 60'/65€** **80'/85€**

Full body massage customized for your needs. Discuss your needs with our therapist and create the ideal massage for you.

# Packages

## Head to toe **Duration 120'/150€**

Complete treatment starting with a sea salt scrub, essential oil massage and face treatment based on the Mediterranean diet.

## JUST THE TWO OF US **Duration 150'/300€**

A treatment for 2. Body scrub, hot stone massage and face treatment, based on the Mediterranean diet. At the end of the treatment the relaxing area is available with champagne.

# Yoga

## YOGA PRIVATE CLASSES (60 minutes duration)

In the hotel's area or at a beach

- 1 person / 45€
- 2 persons / 70€
- 3 and more / 90€